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BOYS & GIRLS CLUBS
OF STONEHAM & WAKEFIELD

COVID-19 Action Plan

Camp 2021

Require all sick individuals to stay home.

- Communicate to all families and staff the importance of staying home when sick prior to the start of camp season.
- Strictly enforce the following guidelines and post them where they can be easily seen by all staff and parents:
 - If you or your child have a positive test for COVID-19 or if your doctor tells you that you or your child probably have COVID-19, you should stay home and away from others for a minimum of 7 days from the first day symptoms appeared AND until you or your child have been fever-free for 72 hours (with no fever-reducing medications) *and* had significant improvement in your other symptoms.
 - If a symptomatic individual tests negative, they may return to activities after their symptoms have improved, and have been without fever for at least 24 hours without the use of fever reducing medications.
- Any individual who believes they have had close contact with someone diagnosed with COVID-19 will not be permitted to enter the Club space, regardless of whether they are symptomatic or not. Exposed individuals should stay home and away from other people, and monitor for fever, cough, and shortness of breath during the 14 days after the last day of contact with the person sick with COVID-19 or 10 days after the last day of contact with the sick person with a negative test result a minimum of 5 days after the last known contact.

At morning check in, participants will be asked if they are in good health. Daily screening of all participants and staff will be conducted throughout the camp day.

- Staff to perform visual inspection of the child for signs of illness, which could include:
 - Flushed cheeks
 - Rapid breathing or difficulty breathing (without recent physical activity),
 - Fatigue
 - Extreme fussiness
 - Confirm that the child is not experiencing coughing or shortness of breath.
- COVID-19 response person will be John Brinkman, Chief Operating Officer. In his absence, those duties will be handled by Adam Rodgers, Chief Executive Officer.

Preventative daily measures:

- In order to maintain contact tracing members will be assigned to a consistent group for the program session:
 - Groups should be no more than ten (10) individuals, per Camp guidelines.
 - Schedules will be maintained as a resource for contact tracing if needed.
 - Have reminders and demonstrations on behaviors and precautions participants should continue to follow to prevent the spread of COVID-19, including:
 - How and when to effectively wash and sanitize hands.
 - How to practice physical distancing in various settings.
 - Coughing etiquette.
 - Other camp-specific policies or guidelines.
- *Staff conversations with participants*
 - Encourage participants to talk about how they are feeling. Tell participants they can ask you any questions and make yourself available to talk and listen.
 - Be calm and reassuring; be careful not only about what you say but how you say it.
 - Be a source of comfort.
 - Listen for underlying fears or concerns. Ask questions to find out what a concerned participant knows about COVID-19.
 - Let participants know that fear is a normal and acceptable reaction.
 - Provide only honest and accurate information. Correct any false information they may have heard.
 - Use age appropriate language and terminology.
- *Social Distancing*
 - Participants should continue to maintain safe social distances as much as possible and minimize physical contact. Current recommendations are to allow staffing and group size to maintain three (3) feet of social distance.
 - When taking a stationary mask break or during meal/snack times participants and staff must maintain six (6) feet of distance.
 - At least 3 feet between all campers within a cohort
 - At least 6 feet between all campers outside of their cohort
 - At least 6 feet while eating and drinking, including among people within the same cohort
 - At least 6 feet between campers and staff
 - At least 6 feet between staff
- *Hand Hygiene*
 - Hand sanitizer and/or soap and water will be ready accessible to all children (as appropriate to their ages) and staff.
 - CDC handwashing instructions posted at each station.
 - Staff should know and follow the steps needed for effective handwashing (use soap and water to wash all surfaces of their hands for at least 20 seconds, wait for visible lather, rinse thoroughly and dry with individual disposable towels).

- Monitored handwashing for children at all necessary times throughout the day (upon arrival, before and after meals, after coughing and sneezing, after contact with bodily fluids).
 - Children and staff should wash their hands or use hand sanitizer often, making sure to wash all surfaces of their hands (front and back, wrists, between fingers, etc.).
- Children and staff should be instructed to cover their mouth when sneezing or coughing with a tissue or their elbow. They should wash their hands with soap and water immediately afterwards.
 - CDC postings are throughout the facility.
- Handwashing or hand sanitizing to occur prior to boarding Club transportation to/from locations and during all arrival times to the Club program.
- *Wear Cloth Face Coverings*
 - Children no longer have to wear masks when outdoors, even if distance cannot be maintained. This guidance update applies to recess, physical education, youth sports, and outdoor learning environments. Adults must continue to wear masks outdoors when distancing cannot be maintained. At this time, children and adults should continue to wear masks indoors.
- *Regular Monitoring for Symptoms of Illness.*
 - Staff should be actively monitoring children throughout the day for symptoms of any kind, including fever, cough, shortness of breath, diarrhea, nausea, and vomiting and children exhibiting signs of illness should be separated from the larger group.
- *Bus transportation*
 - Boys & Girls Clubs of Stoneham & Wakefield will contract Bedford Charter Services for transportation to and from locations.
 - Face coverings must be worn throughout the duration of the ride.
 - Students must apply hand sanitizer prior to boarding the bus.

Cleaning, sanitation and disinfection:

- Staff members will daily clean any high touch areas in the program spaces including:
 - Restrooms
 - Program spaces
 - Hard surfaces
 - Shared Objects
- Staff clothing should not be re-worn until after being laundered at the warmest temperature possible.
- Reusable face masks are to be sanitized nightly.
- Follow CDC standards:
 - <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/clean-disinfect-hygiene.html>

Showing symptoms at the Club:

- Child
 - Immediately separate the child from other children and minimize exposure to staff.
 - Contact the child's guardian. The child should be sent home as soon as possible.
 - The family should consult their healthcare provider to determine if any testing or other medical care is required.
 - Areas the child has come in contact with will be immediately sanitized and disinfected.
 - Whenever possible, said areas will be out of use for as long as possible.
- Staff
 - The staff member should be removed from others until she/he is able to leave the program.
 - Staff should return home to self-isolate and should contact their healthcare provider to determine if any testing or other medical care is indicated.
 - Areas the child has come in contact with will be immediately sanitized and disinfected.
 - Whenever possible, said areas will be out of use for as long as possible.

Frequently asked questions:

- **What do we do if a staff member or child tests positive for COVID-19?** If COVID-19 is confirmed in a child or staff member:
 - Notify the local board of health. The local board of health will work with the child care center to identify anyone with potential exposure to COVID-19 based on the timing of the individual's illness and the types of interactions they had with other staff and children while they were infectious. Be prepared to provide the local board of health with a complete list of everyone identified as exposed and their address and phone number. If any exposed person is a resident of another city or town, that information will be shared with their local board of health. Note that exposure can occur while the person is sick and for 2 days before they start showing symptoms.
 - Anyone identified as possibly exposed based on the local board of health's assessment, should be informed and will need to self-quarantine (stay home and away from other people) for 14 days following the last day that they had contact with the positive staff member. Inform the families of exposed children and exposed staff that they should monitor for symptoms and contact their healthcare providers if any symptoms develop.
 - Close off all areas used by the person who is sick. Open outside doors and windows to increase air circulation in the area.

- Wait up to 24 hours or as long as possible before you clean or disinfect to allow respiratory droplets to settle before cleaning and disinfecting. Clean and disinfect all areas used by the person who is sick, such as offices, bathrooms, and common areas.
- If more than 7 days have passed since the person who is sick visited or used the facility, additional cleaning and disinfection is not necessary. Routine cleaning and disinfection should be continued.
- **When can a child or staff member who tests positive for COVID-19 return to the child care program?** If a child or staff member has a positive test for COVID-19 or the doctor tells them they probably have COVID-19, the child or staff member should stay home and away from others for a minimum of 7 days from the first day symptoms appeared AND be fever-free for 72 hours (with no fever-reducing medications) AND had significant improvement in their other symptoms. If the child or staff member tests negative for COVID-19 or the doctor says they do not have COVID-19, they should stay home until at least 72 hours after the fever is gone (with no fever-reducing medications) and symptoms get better.
- **What do we do if a child's sibling, parent or other household member tests positive for COVID-19?** If anyone in a child's household (parent, grandparent, sibling, etc.) tests positive for COVID-19, the child will need to be kept home in quarantine for 14 days after the last time they could have been exposed to the family member with COVID-19.
- **What do we do if a staff member's household member tests positive for COVID-19?** If anyone in a staff member's household tests positive for COVID-19, the staff member will need to be kept home in quarantine for 14 days after the last time they could have been exposed to the family member with COVID-19.

Amended on 5/19/2021 by Amanda Haley